

Rawhide's Adventure Camp

Frequently Asked Questions

1) How much money should I bring?

You will need a minimum of \$10 for pizza on one evening. You may also bring up to an additional \$15 for other souvenirs if desired. You may rent sleeping bags (\$10), thermarests (\$10), sleeping bag and thermarest (\$15) and crazy creek chairs (\$5). Please note: you will still need to bring a sleeping bag for your first and last nights at camp, even if you plan to rent a smaller bag for the canoeing portion of the trip. We suggest limiting your cash to a \$50 maximum.

2) Who do I pay for the balance due on my trip?

Final payment is due to Rawhide two weeks prior to your trip. Please make checks payable to Rawhide Adventure Camp and mail to E7475 Rawhide Road, New London, WI 54961.

3) Do I need a Health Form/Physicians Authorization?

Everyone needs a health form and informed consent form. If you are under 18 they will need to be signed by your parent/guardian. If you are under 18 years of age and have any medical prescriptions, a Physician's Authorization form must be completed and signed by your prescribing doctor. Your medication will be held and distributed to you by your leaders throughout your trip.

State regulations require that all prescription medications brought to camp **MUST** include written instructions from a physician. If medications are needed during the camp week, please be sure to have your prescribing physician fill out the **Physician's Authorization to Dispense Medication form** (this form can be downloaded at www.rawhide.org/camp). Medications CANNOT be dispensed without this form. ***Medications need to be in the original prescription bottle showing your name and an expiration date.*** Unless absolutely necessary, please do not bring non-prescription medications or vitamins. Basic non-prescription medications and first aid items are kept on hand.

4) What can I rent for my trip?

You may rent the following items: sleeping bags (\$10), thermarests (\$10), sleeping bag and thermarest (\$15) and crazy creek chairs (\$5). Please note: you will still need to bring a sleeping bag for your first and last nights at camp, even if you plan to rent a smaller bag for the canoeing portion of the trip.

5) Can I bring extra snacks?

We discourage you from bringing extra snacks on the trip. We provide an adequate amount of food for your daily intake. Breakfasts usually include a protein, carb, and fruit (i.e. Pancakes, sausage, & applesauce). Dinners will include a protein, carb, and vegetables (i.e. Spaghetti with meat sauce, garlic bread, & green beans). Lunches are light and on-the-move. They consist of crackers, cheese, sausage, gorp, granola bars, Kool-Aid, and other snacks.

6) Can I bring soda and candy?

No. Please do not bring soda or candy with you on the trip.

7) What if I have food allergies?

Please let your leader know of any food allergies that you have so that they can communicate that to us. We will do what we can to provide a modified diet, however, food allergies that require major diet changes are best dealt with by you before you come on the trip. We are glad to modify a person's food by taking out certain items if you cannot eat them (i.e. taking peanuts out of the trail mix). Bring supplement items if this is a concern.

8) Will I have enough room in my barrel?

Each person will be given their own "blue barrel" for river trips to carry their gear in. The barrel is the size of a large overnight hiking backpack. If you want to make sure you have enough room, stick to the "Adventure Camp Packing List" list you were given. The packing list is also available for download on our website at www.rawhide.org/camp. Make sure your sleeping bag is compactable (9" X 20" when stuffed); this usually takes up the most room. If you are not sure about your sleeping bag, plan to rent one for the canoeing portion of the trip. You will still need to bring a sleeping bag with you for your first and last night of camp.

**9) Do I have to take the swim test?**

Everyone is required to take a swim test each year. Our trip leaders need to know your abilities, for safety precautions on the river. If you choose not to take the swim test, you will be required to wear your life vest whenever you are near or in the water...including while in a canoe.

10) How long will we canoe each day?

Every day is different on the river. The average amount of paddling you will do is 4-5 hours per day. Some days will be shorter or longer depending on the location of the campsite, needs of the group, and destination of the day. There may be some light hiking offered once at camp but it is not required.

11) Can I bring my cell phone or iPod?

No. Once you arrive at Rawhide, headphones, MP3 players, iPods, Gameboys, or cell phones will not be allowed. If these items are discovered they will be confiscated and returned to parents at the end of the week.

12) Is there a dress code?

Clothing with questionable words or graphics is not to be worn. Undergarments must be worn and should not be visible. Swimwear must be of the trunk style and is to be worn on the river or beach and going to and from the river or beach only.

13) Should I bring warm clothes?

Please see the "Packing List" list to ensure you have the right clothes for the trip.

14) Can I bring flip flops?

You may bring flip-flops; however they may only be worn as your second pair of shoes at the campsite. While you are canoeing or climbing we want your feet to be safe and insist that you wear a sturdy pair of shoes like tennis shoes or Teva type sandals.

15) Can I have a pocket knife?

No. Please do not bring a pocket knife or any of the other items on the "What not to bring" list. If these items are discovered they will be confiscated and returned to parents at the end of the week.

16) Can we bathe in the river?

It is not a good idea to bathe in the river. Many of the soaps/shampoos that we use are harmful for the environment. You will have plenty of time to swim and rinse off in the river and then you can look forward to your shower when you get back to camp.

17) Can I leave my belongings in the cabin?

If you find that you have extra items left after packing your barrel and your transportation has left, we have a special closet that you may keep your extra items in. The closet is safe and will be locked. Please do not leave extra clothing, bags, or pillows in the cabins, our accommodations crew will take them to our lost and found area.